

















SEMAINE D'ESSAI GRATUIT

16 AU 21 JANVIER

FREE TRIAL WEEK

JANUARY 16 TO 21

	Lundi Monday	Mardi Tuesday	Mercredi Wednesday	Jeudi Thursday	Vendredi Friday	Samedi Saturday
7h00-7h50		 LIFE J1/D1 Vicky		 LIFE J2/D2 Vicky		
8h00-8h50	 LIFE J1/D1 Mitch	 CORE J1/D1 Monica		 LIFE J2/D2 Mitch	 CORE J2/D2 Monica	
9h00-10h00						
10h00-10h50						 CORE J2/D2 Marissa
16h00-16h50		 LIFE J1/D1 Katalin		 LIFE J2/D2 Katalin		
18h00-18h50	 FIT J1/D1 Rivky	 CORE J1/D1 Monica	 FIT J2/D2 Rivky	 CORE J2/D2 Monica		
19h00-19h50		 FIT J1/D1 Marissa	 CORE J1/D1 Marissa	 FIT J2/D2 Marissa		



514.737.6551 > 549 • mhaupt@ymywha.com

ymywha.com/tribe